

biography

Tennessee Titan Jacob Ford is no stranger to working hard for something he wants. Ford grew up in Memphis, Tennessee watching his father, the late Fred “Sweet Daddy Goodlow” Ford, play and record music with countless stars in the music business, such as Little Richard, B.B. King, Ray Charles and Jerry Lee Lewis. He was an internationally renowned jazz musician who worked hard to hone his talents on the baritone saxophone and prove to himself and his family that he could make a living doing something he loved. Ford watched his father’s dedication and perseverance and vowed to do the same with his passion: football.

Ford worked throughout his tenure at Melrose High School earning him all region, all state and many other division titles. Ford led his team to a division title, regional title and eventually helped them clinch the Tennessee state championship.

Upon graduation Ford attended the University of Memphis playing football for the fighting tigers and earning him a place, as a freshman, on the Conference USA team. Ford then transferred to the University of Central Arkansas where he majored in Mass Communications and played football his Junior and Senior years earning him much critical acclaim and clinching two All American Titles.

During his years as an All American, Ford caught the eye of Tennessee Titan’s head coach Jeff Fisher. The athletically-gifted Ford was one of the fastest defensive ends available in the 2007 rookie pool running the 40-yard dash in 4.68 seconds at the 2007 scouting combine, the second-best time among defensive end. Ford also bench pressed 225 pounds 19 times. He became the highest draft pick in Central Arkansas history after being selected by the Titans in the sixth round (204th overall) of the 2007 NFL Draft.

Ford’s rookie season was cut short due to an Achilles injury that resulted in his placement on injured reserve during his first training camp. However, Ford came alive during his sophomore season earning the best record on the Titans team and one of the top 10 records in the NFL.

Ford was awarded the 2008 NFL Performance Based Bonus Distribution, which is a performance-based pay bonus that is computed by using a “player index.” To produce the index, a player’s regular-season playtime (total plays on offense, defense and special teams) is divided by his adjusted regular-season compensation (full season salary, prorated portion of signing bonus, earned incentives). Each player’s index is then compared to those of the other players on his team to

determine the amount of his pay and Ford's scores surpassed all Titans during the 2008 series.

Ford currently plays as a starting Defensive End for the Titans.

Ford lives in Nashville, TN with his Fiancée Doné and her son Brandon. He enjoys drawing, video games, bowling and tattoos. Ford currently has 13 different tattoos and plans on getting a new one soon.

Aside from winning this year's Superbowl, Ford's other immediate goal is to breed a new type of iguana. He currently has one iguana named Zulu and a dog named Sasha.

Jacob's Favorites:

Full Name: Jacob Aaron Taylor Ford

Ice Cream: Rum Raisin

Food: Sushi

TV Show: Boondocks

Color: Red

Drink: Mojito

CAREER HIGHLIGHTS:

2008 (14/3/0/2): Finished second on the team with seven sacks ... Led or tied for the team lead in sacks six times in 2008 (vs. GB, at JAX, at DET, vs. CLV, at HST, at IND) ... Tied for the team lead in quarterback pressures three times in 2008 (vs. GB, at DET, at IND) ... Tied for the team lead in passes defensed once in 2008 (vs. MIN).

Jacksonville (9/7): Saw action in a reserve role at defensive end in the Titans' 17-10 victory on opening day. at Cincinnati (9/14): Inactive. Houston (9/21): Inactive. Minnesota (9/28): Saw significant action in a reserve role at defensive end and registered a quarterback pressure and pass defensed in the Titans' 30-17 victory ... Hit Gus Frerotte's arm causing an incomplete pass intended for Adrian Peterson late in the fourth quarter. at Baltimore (10/5): Saw significant action at defensive end after Kyle Vanden Bosch left the game in the first half with an injury ... Registered five tackles (3 solo) and a quarterback pressure in the Titans' 13-10 comeback victory over the Ravens. at Kansas City (10/19): Saw significant action in a reserve role at defensive end and posted three tackles in the Titans' commanding 34-10 road victory over the Chiefs. Indianapolis (10/27): Made his first career NFL start

at defensive end and notched five tackles (2 solo), a tackle for loss and a quarterback pressure in the Titans' 31-21 victory over the Colts on Monday Night Football ... Stuffed Dominic Rhodes for a five-yard loss on a rush up the middle in the second quarter. Green Bay (11/2): Saw significant action in a reserve role at defensive end and posted four tackles, including a career-high two sacks and a forced fumble in the Titans' 19-16 overtime victory over the Packers ... Sacked Aaron Rodgers for a 10-yard loss and forced a fumble that was recovered by Stephen Tulloch at the Green Bay 17-yard line in the third quarter ... Dropped Rodgers for an eight-yard sack in the third stanza. at Chicago (11/9): Started at defensive end and collected a solo tackle in the Titans' 21-14 road win. at Jacksonville (11/16): Played in a reserve role at defensive end and posted four tackles and a sack in the Titans' 24-14 come-from-behind victory ... Dropped David Garrard for a sack on a third-and-10 play late in the fourth quarter. N.Y. Jets (11/23): Played in a reserve role at defensive end and tallied a tackle. at Detroit (11/27): Saw action in a reserve role at defensive end and collected two tackles, a sack, a forced fumble and two quarterback pressures in the Titans' commanding 47-10 victory over the Lions on Thanksgiving ... Dropped Drew Henson for a sack while forcing a fumble that was recovered by the Lions in the fourth quarter. Cleveland (12/7): Played in a reserve role at defensive end and notched four tackles (2 solo), a sack and a quarterback pressure in the Titans' division-clinching 28-9 victory ... Concluded the first half by sacking Ken Dorsey for a seven-yard loss. at Houston (12/14): Played in a reserve role at defensive end and posted four tackles (3 solo), a sack and a quarterback pressure ... Stuffed Steve Slaton for a one-yard loss on a rush off left tackle in the first quarter ... Came off the edge and dropped Matt Schaub for a six-yard sack in the second quarter. Pittsburgh (12/21): Played in a reserve role at defensive end and registered five tackles (3 solo) in the Titans' 31-14 victory ... Combined with David Thornton to halt Willie Parker for a five-yard loss on a rush up the middle in the fourth quarter. at Indianapolis (12/28): Started at defensive end and notched seven tackles (5 solo) with a sack and a quarterback pressure ... Sacked Peyton Manning for a four-yard loss in the first quarter.

2008 Playoffs (1/0/0/0): Baltimore (1/10): Played in a reserve role at defensive end and posted two solo tackles, including a tackle for loss ... Stopped Le'Ron McClain for a one-yard loss on a rush off right guard in the third quarter.